



Athlete´s Whereabouts

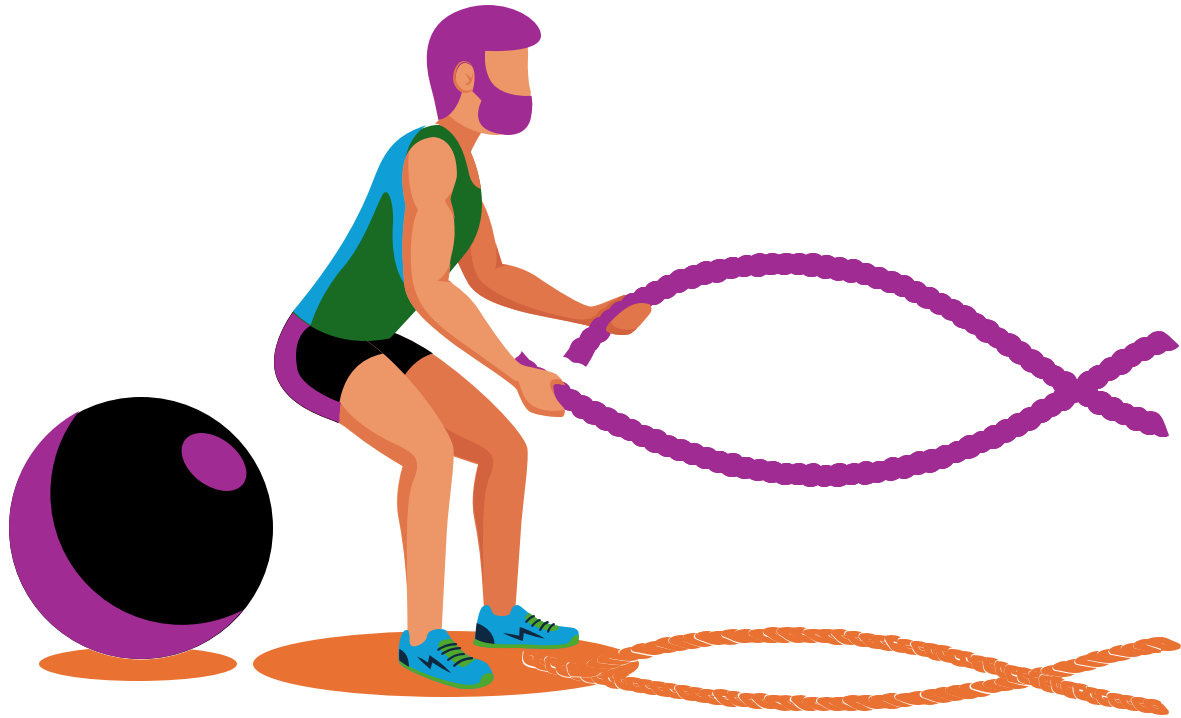
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Athletes are ambassadors
and models for our society.

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They have an important
responsibility to protect
the integrity of their sport.

**Provide details of your
whereabouts**



WHEREABOUTS?



Provide Information

Providing whereabouts information is protecting your right to clean sport. Whereabouts information gives the Anti-Doping Organization the possibility of locating athletes without prior assistance, which is vital to carry out controls on athletes.



Anti-doping program

Know where an athlete can be located. For control, it is crucial to ensure the effectiveness of Anti-Doping programs.





Who is included?

Very few athletes are included in the Registered Control Group (GRC) who are required to provide accurate and up-to-date whereabouts information.

International federations and National Anti-Doping Organizations (NAOs) are responsible for determining whether or not they require you to provide whereabouts information.





What do I need to report?

- Direction.
- Place and information about the trainings.
- Competition itineraries.
- Daily activities such as work or study.
- For those athletes included in the GRC, a period of 60 minutes per day must be indicated, in which they will be available for a control.

Remember that all athletes can be tested at any time



Key information to update your whereabouts

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They will be able to update their whereabouts information by sending an SMS to the anti-doping authority or using the ATHLETE CENTRAL mobile application (APP).

There may be consequences if you are not present without a valid reason.

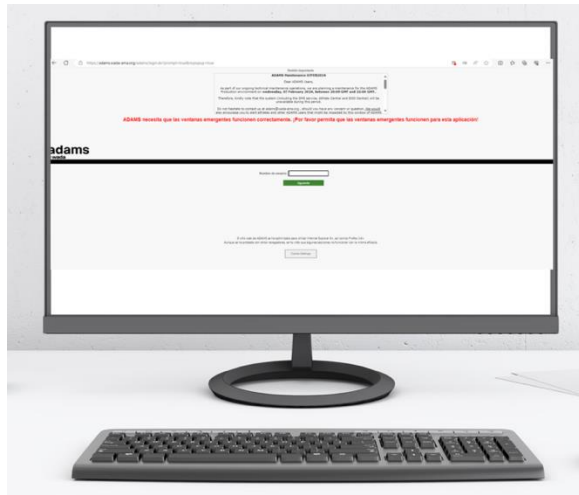
You may choose to have your agent or representative submit your whereabouts information for you, but you remain responsible for that information.

If you are a member of a team, your whereabouts information may be submitted by the coach or a team official, as part of the team's collective records.



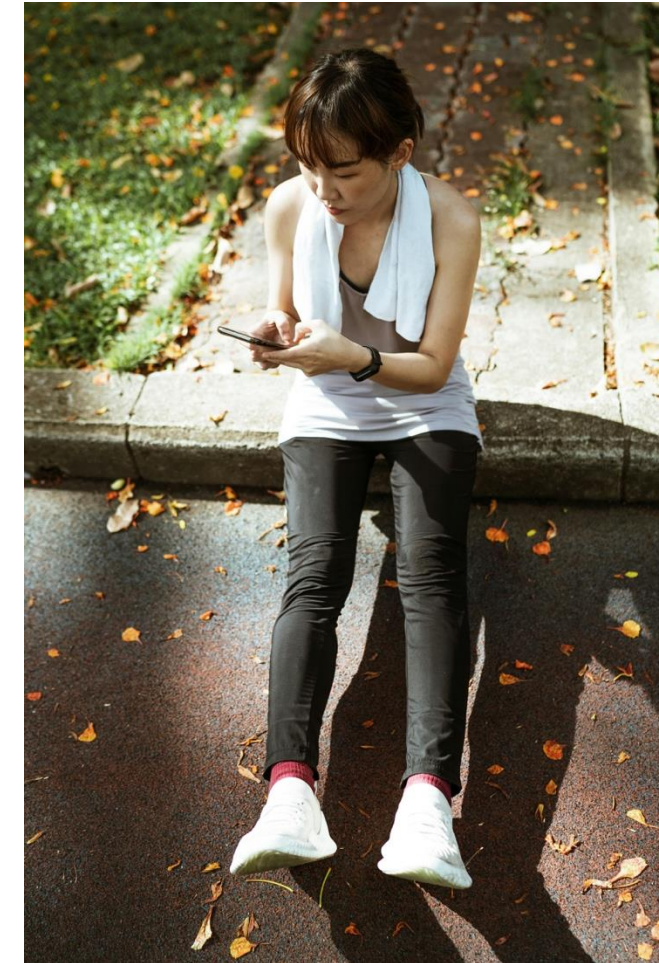


Updating your whereabouts is very simple, using



The Anti-Doping Administration and Management System (ADAMS) It is an online tool that athletes can access anytime, anywhere to update their whereabouts information.

If you require advice, do not hesitate to contact the following emails: admin@orad-pan.org





Don't Forget!

- The whereabouts of the Athlete is a crucial step in ensuring that your sport and your competitors participate under the same conditions.
- You and only you are responsible for your whereabouts.
- You can't blame your representative for inaccurate information or forgetting to update it.
- If you are in the GRC, you must submit whereabouts information every 3 months.
- If they are in the GRC, there may be consequences for failing to provide the information.
- Whereabouts information is a crucial element of protecting your right to clean sport.

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