



Principles and values associated with clean sport

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Values based on Sports

Sport is the SECOND reference to educate in values and ethical conduct:

- Healthy fun
- Responsibility
- Fair play
- Honesty
- Friendship
- Teamwork
- Respect for laws and rules
- Solidarity



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SPORTS have traditionally been considered an appropriate means to achieve personal and social development values.

These values must be developed and endure in the person to allow for complete physical and intellectual development.



The pressures on athletes to achieve success and be competitive may make them consider resorting to doping even though it jeopardizes their personal and professional development.



Each doping behavior is affected by its own circumstances and causes, both internal and external, making doping an especially complete phenomenon to combat.

Values based on Sports



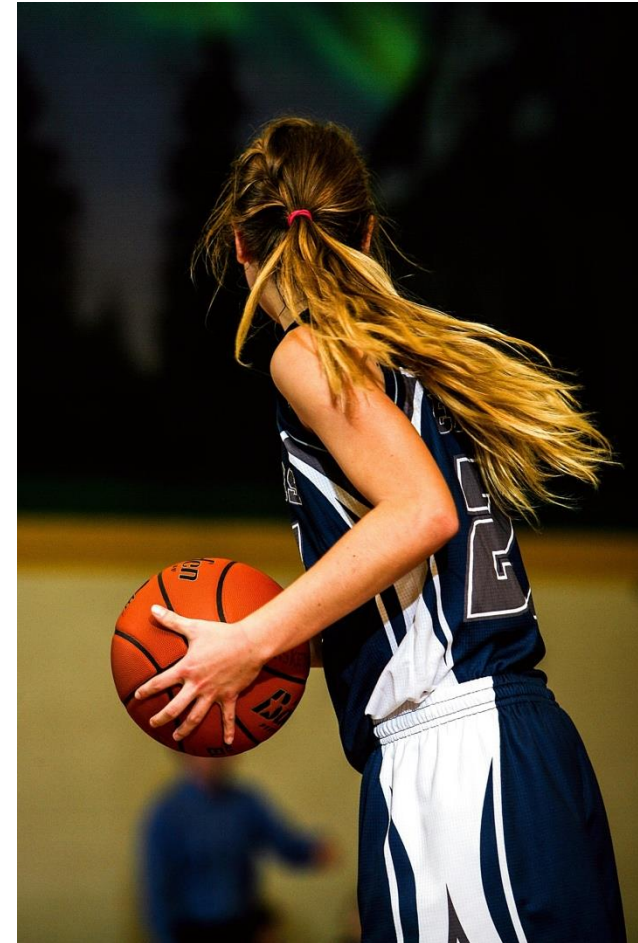
Primary prevention: Associated with values education strategies.



Secondary prevention: Related to the identification of specific situations of vulnerability towards sport.



Tertiary prevention: Related to the athlete's rehabilitation process.



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Fair Play is about the choices you make: what is right and what is wrong





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We invite you to learn more about the anti-doping world by accessing the ADEL educational platform and the rest of the material from our Anti-Doping Organization.



www.orad-pan.org/educacion

