Use of the ADAMS Administration and Management System(ADAMS)
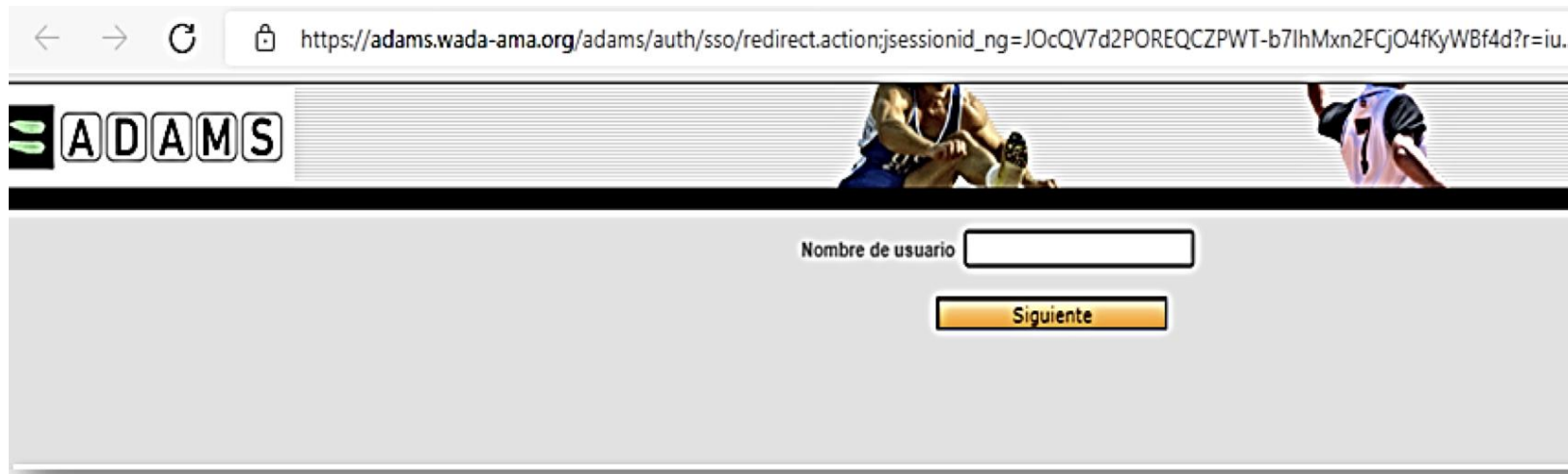
How to access the ADAMS System

Go to this site: https://adams.wada-ama.org

- Enter your username and password provided by NADO to access ADAMS

If you are a first-time ADAMS user:

Once you have logged in to ADAMS, you must select 3 security questions and save the corresponding answers; Your answers must be at least 6 characters and are case sensitive.

Next, review and "sign" the ADAMS data protection policy by entering your date of birth and password provided by ONAD.

- Once entered, click ACCEPT.
- You will be asked to enter your email address.
- Hit send.
- You will receive a temporary login code via email.
- You will then be asked to create a new password.
- It must have at least 1 uppercase letter, 1 number, and a special character.

Two-Factor Authentication with One-Time Password configuration

In order to increase the security of your account, you are required to configure a Two-Factor Authentication with One-Time Password with one of the following methods:

- TOTP: use an Authenticator Application to generate a temporary one-time password (highly recommended).
- SMS: receive a verification code on your mobile device.

Please select the method you want to configure:

[Configure 2FA with TOTP] [Configure 2FA with SMS]

I want to configure it later   I want to opt out

Two-Factors Authentication is not enabled

WADA has now enabled Two-Factors Authentication (2FA) for athletes in the interest of enhancing the security of their ADAMS accounts and the personal data stored therein. WADA strongly recommends that athletes adopt 2FA and would like to caution that, by not activating this feature, it may reduce the level of security of your personal data.

By Clicking 'Confirm', you confirm that you understand the risk of not adopting 2FA and that you agree to proceed without it. Alternatively, click 'Setup' to proceed with the setup and adoption of 2FA. Please note that you may disable 2FA at any time.

[Confirm] [Setup]

Setting up Two-Factor Authentication You will be presented with four options:

- Set up 2FA with TOTP: You will be directed to the two-bill authentication with TOTP setup page (see instructions below).

- Set up 2FA with SMS: You will be forwarded to the 2FA page with SMS. I want to set it up later - it will skip 2FA setup during the current session. I want to opt out - you will be prompted for a legal disclaimer to continue setup.)

1. How to configure 2FA with TOTP

Step 1: Download an authenticator app on your smartphone. (for example, Authy, Google Authenticator, or Microsoft Authenticator)

Step 2: Once downloaded, use the authenticator app to scan the on-screen QR code.

Step 3: Enter the code generated by the authenticator app.

Step 4: Enter your ADAMS password.

Step 5: Click on the validate button.

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2. How to configure 2FA with SMS

→ Step 1: Enter your mobile phone number.

→ Step 2: Click resend code.

→ Step 3: Enter the code received by SMS.

→ Step 4: Enter your ADAMS password and click the validate button.

Once 2FA setup is complete, you will be directed to ADAMS as usual. The second time you log in, you will need to enter the generated code. You will then have the option to allow ADAMS to trust this device. By selecting this option, you no longer have to enter the 2FA code.

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We invite you to learn more about the anti-doping world by accessing the ADEL educational platform and the rest of the material from our Anti-Doping Organization.

www.orad-pan.org/educacion