



# Annual Report of the Pan-American Regional Anti-Doping Organization (PAN-RADO) 2024

---

**Pan American Regional Anti-Doping Organization (PAN-RADO)**

Ciudad Deportiva Irving Saladino, Edificio CEMED, Ciudad de Panamá, Panamá

Email address: [admin@orad-pan.org](mailto:admin@orad-pan.org) Phone Number: (+507)524-4698

## Índice

About PAN-RADO.....	3
Mision – Vision – Values .....	3-4
<b>EDUCATION</b> .....	5
The True Athlete Challenge .....	5
Values based in sports videos .....	6
Virtual Game .....	7
Anti-Doping Control Process Simulator.....	7
ADEL Platform.....	8-11
Latin-American and Carribbean Anti-Doping Academy .....	12
Educational Resources .....	13-14
Play True Quiz .....	14
Educational Workshops .....	15-16
Educational Workshops by NADO´ .....	17-29
<b>TESTING</b> .....	30-31
Results Management .....	32
Therapeutic Use Exemptions (TUE´s) .....	33
Relationships and Strengthening with NADO´s .....	34
Global Education Conference in CANNES .....	34
Legal Seminar .....	35
Annual Meeting 2024 .....	36
Conclusions .....	37
Photo Gallery... ..	38



## About PAN-RADO:

The Pan American Regional Anti-Doping Organization, PAN-RADO, is the organization officially recognized by the World Anti-Doping Agency (WADA) for the protection of clean sport in Latin America through the harmonization and coordination of the anti-doping programs of the associated National Anti-Doping Organizations and are recognized in Article 21.4 of the 2021 World Anti-Doping Code.

By the end of 2023, the ORAD-PAN will have 11 member countries and 4 strategic partners (Cuba, Mexico, Chile and the Dominican Republic) to strengthen the organization for the benefit of Fair Play and the fight against Doping in sports. At the beginning of 2024, collaboration agreements are created with Venezuela to cooperate in the training of the new work team in the country and to train the coordinators in the various tasks according to their departments.

## Our PAN-RADO members:



The PAN-RADO continues to strengthen ties between the countries of the region and work hard in the fight against doping. Our goal remains valid as an organization to make member countries feel supported and supported.

## **Mision, Vision y Valores:**

### **Mision:**

To be the leading organization in the fight against doping in the PAN-RADO member countries.

### **Vision:**

Protect the athletes and their health, strengthening the organizations against doping and clean sport.

### **Values:**

#### ETHICS:

- We will carry out our activities according to the highest standards of behavior ethical, and moral.
- Develop policies, procedures, and practices that reflects fairness, integrity, freedom, responsibility, honesty and respect.

#### UNITY:

- Coordinate jointly and in solidarity, integrating each country member of the PAN-RADO in decision making and development of activities, policies, and procedures.

#### RESPONSIBILITY:

- We will carry out our activities in accordance with the principles of transparency and commitment.

As an organization we face a year 2024 full of challenges and international commitments that we manage to face with responsibility and dedication.

At an educational level, we had a year of many changes, as various national anti-doping organizations changed their directives, involved new members, which allowed us to reinforce our training and further strengthen our efforts to support these organizations.

## EDUCATION

The PAN-RADO at the end of 2024 proves to have one of the strongest regional organizations in the world. This is due to the hard work that has been done over the years. We have a portfolio of truly innovative products and important dissemination channels that allow our member countries to feel strengthened by being able to have at first hand, all kinds of educational tools that will allow us to reach many more athletes and be able to train in a dynamic, innovative and effective to our entire sports community.

### **The True Athlete Challenge: A high-level educational tool for Young athletes and kids. (8-12 years old)**



The True Athlete Challenge is a miniseries that seeks, through animated capsules, to explain the importance of staying clean in sports. Through characters that young athletes can identify with, we will see some of the challenges that athletes face, the

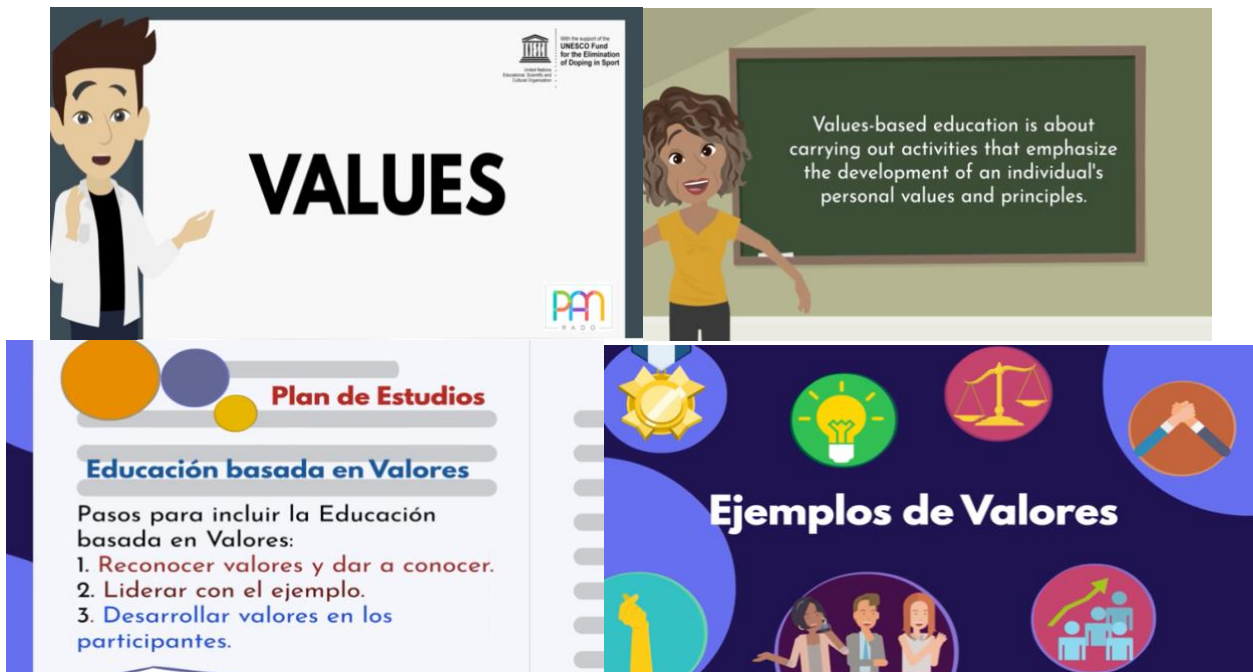
doubts that arise and situations in which they may be tempted to use prohibited substances or methods.



In the videos of The True Athlete Challenge series, we achieved more than 2,500 views. This sum represents the number of views on the PAN-RADO YouTube channel, available to the entire region to be able to view these 7 episodes in both versions (English and Spanish). In addition, this tool was used in several sporting events such as: El Salvador and Panama for baseball championships and for the CODICADER Games in the respective countries.

**Values based in sports videos:**

In addition to the animated series, our work team used the videos of values in sports in multi-sport events, highlighting the importance of having values in sports to maintain a clean environment and without cheating. These videos are also found on our YouTube channel as a digital tool for our virtual talks, digital media, and our in-person educational talks in the region. The total number of reproductions that this series of values has is approximately 500 views.





The videos are in Spanish and English versions so that our English-speaking and Spanish-speaking athletes can understand the information that is being disseminated.

**Virtual Game**

One of the tools that we will continue to spread through our social networks and website is the Virtual Game.



El juego virtual logró a finales del año 2024, tener un total de 3,750 nuevos usuarios interactuando y jugando. Para la ORAD-PAN los resultados fueron positivos, ya que nos motiva a seguir implementando nuevas herramientas digitales y divertidas para llegarle de diversas formas a nuestros miembros del ecosistema deportivo y crear conciencia en la importancia de mantenerse limpios en el deporte y promover la igualdad de oportunidades.

**Anti-doping control process Simulator:**



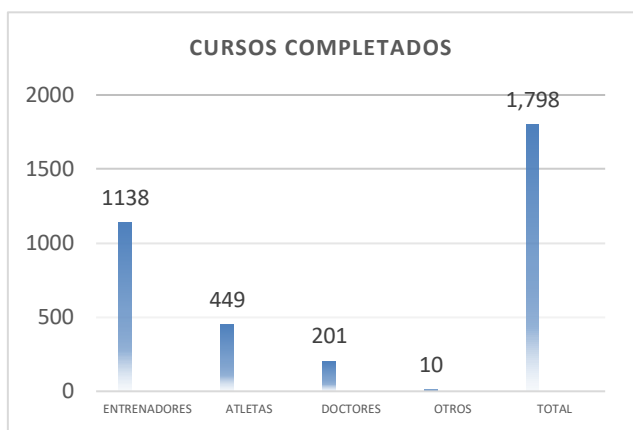
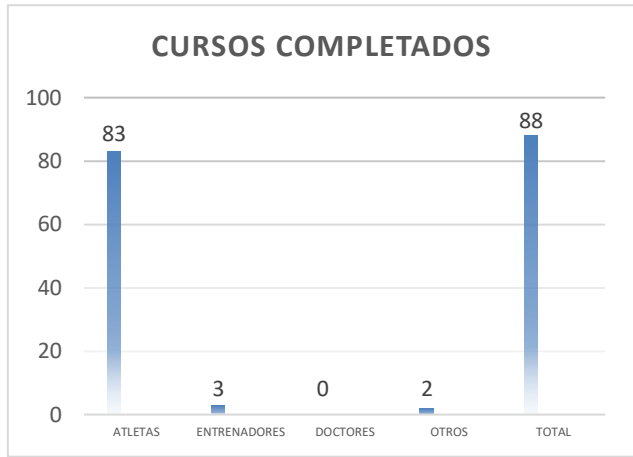
The anti-doping control simulator was used in 2024 as a tool to understand the control processes in urine and blood. This tool could be used to reinforce the knowledge of our doping control officers and could also be used to teach athletes, support staff, doctors, coaches and parents all about these processes.



The tool explains the process step by step in real time through characters, allowing you to easily understand the 11 steps of the doping control process both out of competition and in competition. We achieved a total of 200 new visits.

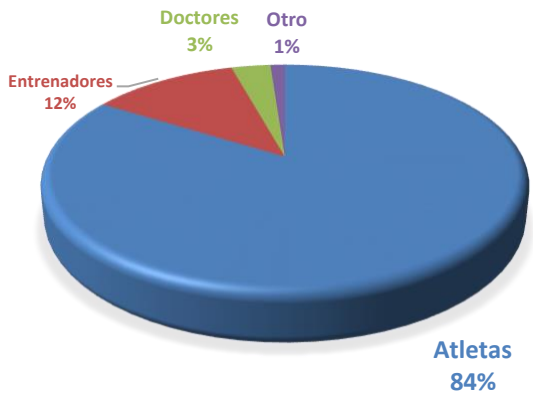
## ADEL Platform:

ADEL is a global platform that provides education and learning opportunities for those who need to know everything related to clean sport and anti-doping. These are the statistics of the member countries, using the ADEL platform in the year 2024: Athletes and support staff registered and completed:

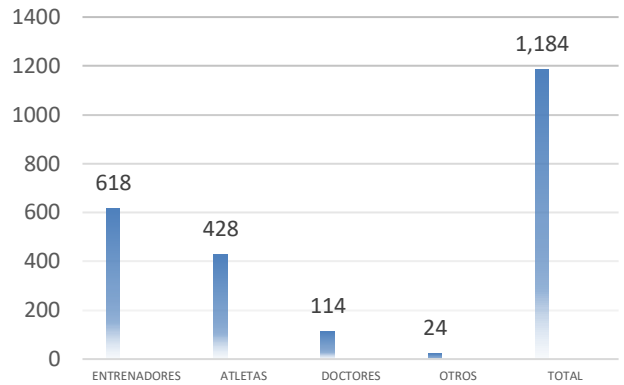




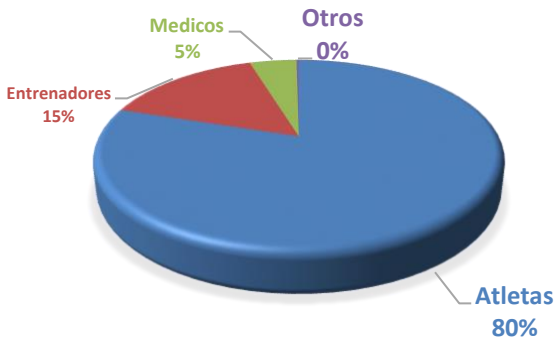
REGISTRADOS EN ADEL 2024 - COSTA RICA (12,960 REGISTRADOS)



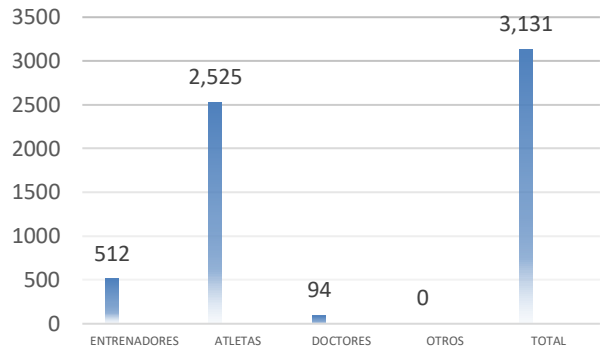
CURSOS COMPLETADOS



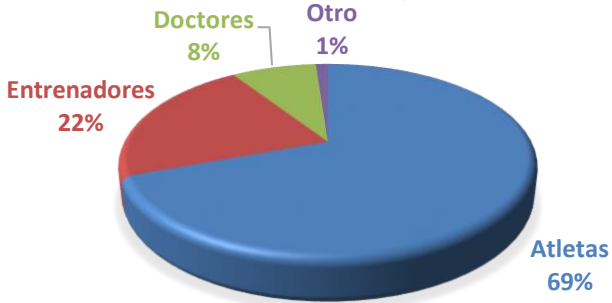
REGISTRADOS EN ADEL EL SALVADOR 2024 (5,861 REGISTRADOS)



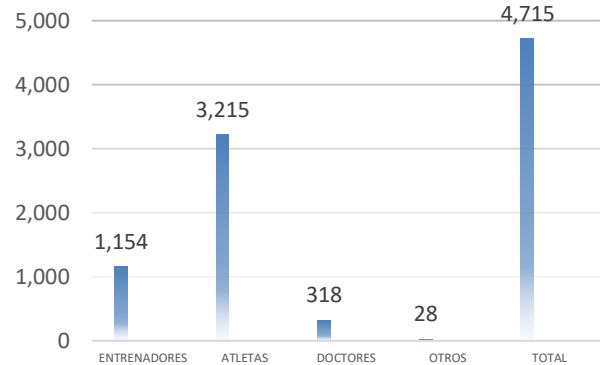
CURSOS COMPLETADOS

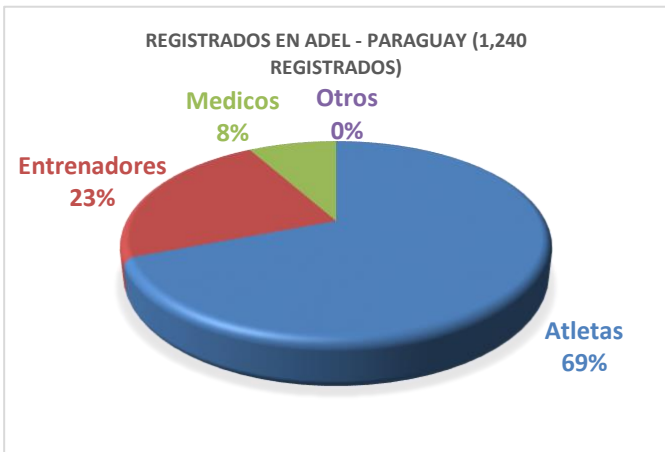
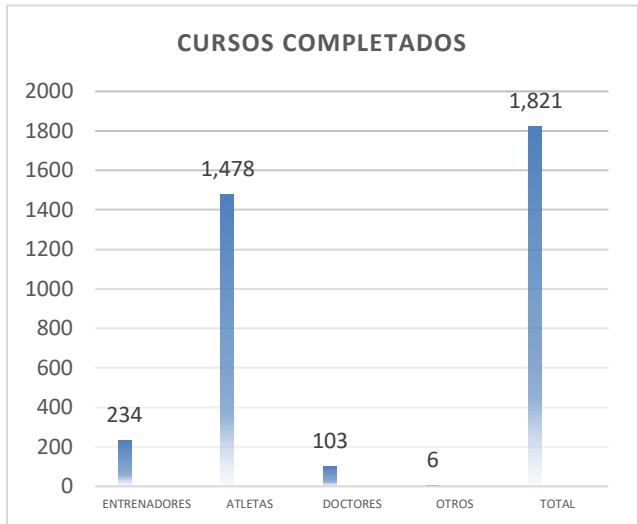
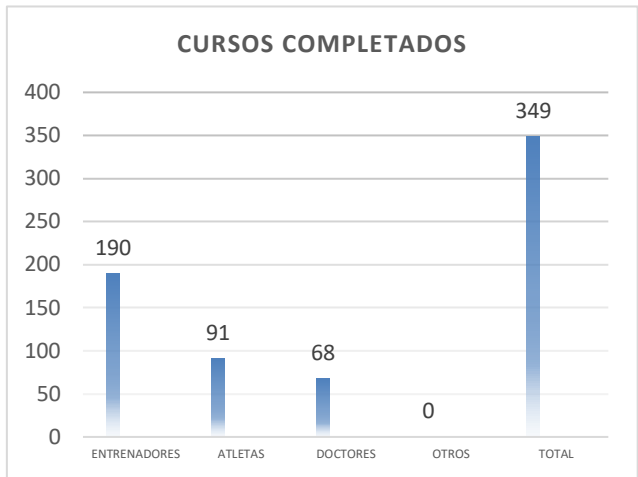


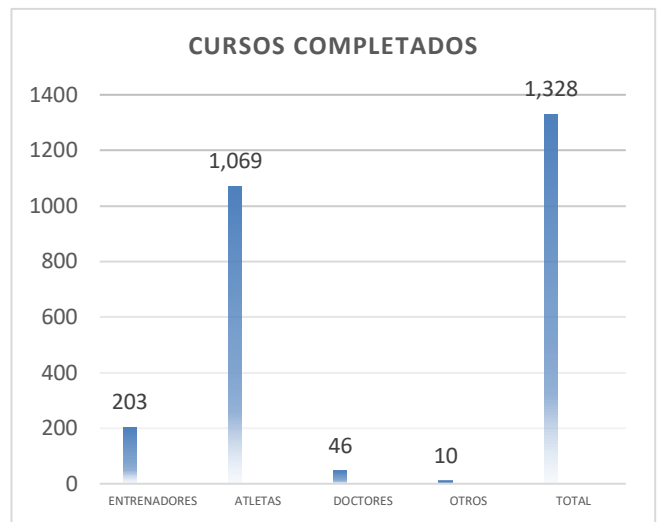
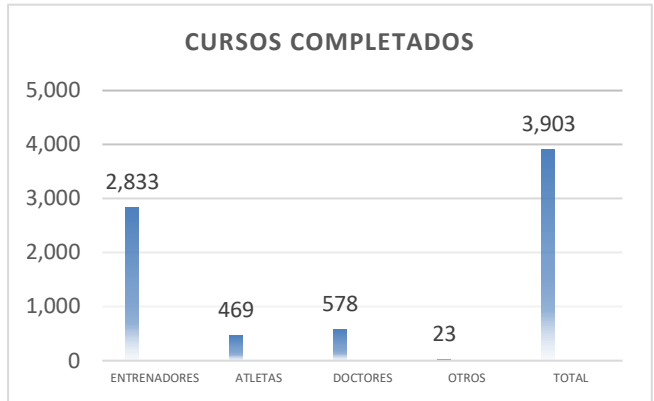
REGISTRADOS EN ADEL 2024 - GUATEMALA (10,816 REGISTRADOS)



CURSOS COMPLETADOS







## Latin-American and Caribbean Anti-doping Academy Introduction to anti-doping course

Is an educator system of educators that seeks to standardize educational material and certification processes throughout the region. In the Introduction to Anti-Doping course, we had the opportunity to educate 1,288 athletes from various countries who used the academy to learn more about anti-doping. In the case of Panama, a collaboration was created with the Powerlifting Federation and the Flagfootball Federation so that athletes were motivated to use the platform as a requirement to belong to the team or participate in a competition.



The Introduction to Anti-Doping course is aimed at educators, athletes and any professional who has any relationship with the sports field. It aims to transmit basic knowledge in a fun and effective way, in addition to raising awareness about this topic that is so relevant and unknown at the same time in our community.

### Results:

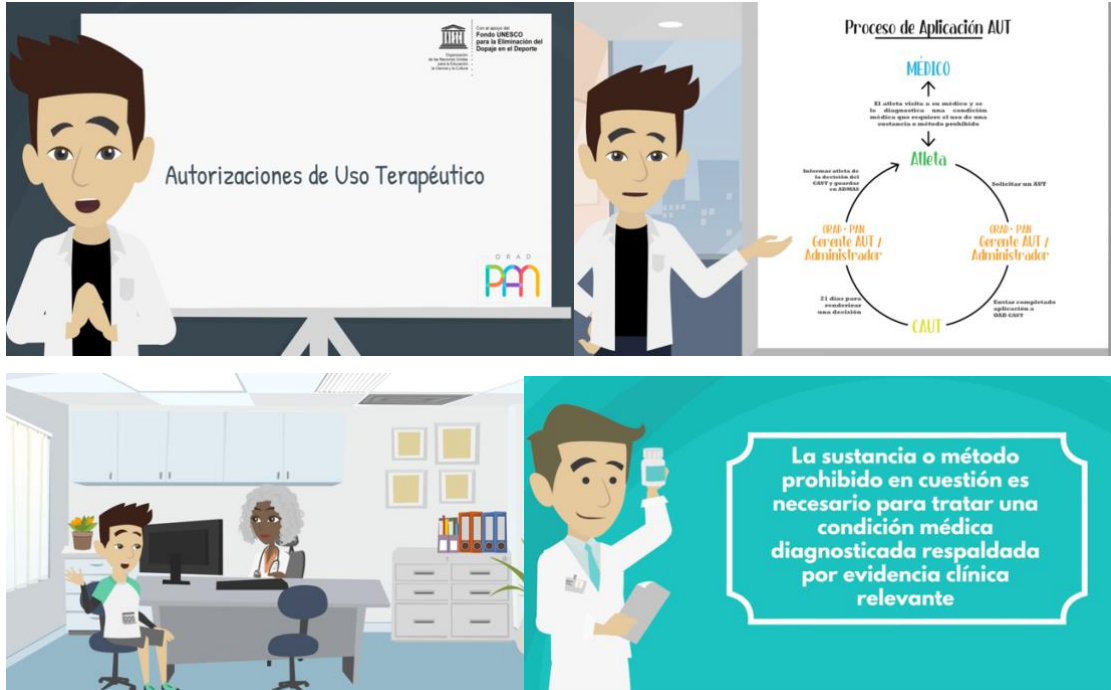
A total of 73 educators passed the Educators course. This course prepares the individual in all the capacities that an education coordinator must have to give educational talks to athletes and the sports community. Each one had to take a final exam and pass with a minimum of 80% to obtain their certificate.

Another course used this year 2024 was the Seminar Workshop for Doping Control Officers. This year, around 130 control officers were approved for the different commitments in their countries when applying controls in both National and International competitions.



**PAN-RADO educational resources:**

**TUE:**



**What is a Therapeutic Use Exemption (TUE)**

Some athletes may have illnesses or conditions that require the use of medications or procedures. If the medication or method that an athlete is required to use to treat a disease or condition is prohibited under the World Anti-Doping Agency (WADA) Prohibited List, the athlete may be granted a TUE authorizing him or her to use that substance or method while competing without invoke an Anti-Doping Rule Violation and the applicable sanction. TUE applications are evaluated by a panel of doctors, the Committee on TUE.

These videos were used to help our delegations prior to the Olympic Games in Paris 2024 and were also used to prepare athletes for the commitments of the Pan American Games in Santiago and the Bolivarian Games in Ayacucho.

Youtube Channel: <https://www.youtube.com/@orad-pan2357/videos>



**SPEAK UP Capsules:**



These capsules were used at the CODICADER Games in both El Salvador and Panama to raise awareness about the importance of REPORTING any doping situation. From an early age it is essential to create this culture to collaborate with our organizations to Fight Doping. Through the ORAD-PAN YouTube channel, you can see these animated capsules.

Youtube Channel: <https://www.youtube.com/@orad-pan2357/videos>

**Play True Quiz:**



WADA's play true quiz is an interactive computer game that tests anti-doping knowledge. It is currently available in 49 languages. The PAN-RADO was using it in various multi-sport events that were held throughout the year in various member countries (Peru, Panama, Paraguay, Bolivia, Costa Rica, El Salvador)



The objective of using the quiz was to have a measurable method to know how much knowledge our athletes and members of the sports ecosystem have regarding anti-doping and in what areas to reinforce in the year 2025 to improve and increase that level of knowledge of our target audience.

**Anti-doping Education: Educational Workshops**

During 2024, the ORAD-PAN work team participated in training on various topics such as AUT, Prohibited List, Control Processes, International Standards, ADEL Platform, and many other important topics that we must know in order to be multiplying agents of the information. Below, we break down the talks received by ITA and WADA for the ORAD-PAN Anti-Doping team:

<b>WOKSHOPS BY ITA AND WADA</b>		
<b>ORGANIZATION</b>	<b>TOPIC</b>	<b>DATE</b>
ITA	DERECHOS Y RESPONSABILIDADES DEL DEPORTISTA	30 DE ENERO
ITA	ROLE DE LOS ENTRENADORES EN EL DEPORTE LIMPIO	22 DE MARZO
ITA	PARADERO	25 DE MARZO
MEXNADO Y ANTIDOPAJE-PERU	ACTUALIZACIONES DE LA LISTA 2024	10 DE ABRIL
LABORATORIO ANTIDOPAJE CATALUÑA	PASAPORTE BIOLOGICO	17 Y 18 DE ABRIL
ANTIDOPAJE-PERU	BOOSTING EN EL DEPORTE PARALIMPICO	25 DE ABRIL
WADA	JUEGO LIMPIO Y NUTRICION	25 DE ABRIL
ITA	PROGRAMA ANTIDOPAJE PARIS 2024	30 DE MAYO
ITA	PAPEL DE LOS PADRES EN EL DEPORTE	25 DE JULIO
DRUGS FREE SPORT	EXPLORANDO EL IMPACTO EN EL USO DE ESTIMULANTES	17 DE AGOSTO
ITA	PROACTIVE REPORTING - SPEAK UP	27 DE AGOSTO
LOCKCON	USO CORRECTO DE MUESTRAS Y KITS LOCKCON	4 DE SEPTIEMBRE
WADA	WEBINARIO: INTELIGENCIA E INVESTIGACIONES	9 DE OCTUBRE
WADA	WHEREABOUTS FAILURE	30 DE OCTUBRE
ITA	IDCO ACTUALIZACIONES	4 DE DICIEMBRE



**PAN-RADO educational workshops in support of Costa Rica, Bolivia and Paraguay:**

<b>Anti-doping educational workshops</b>			
<b>For:</b>	<b>Type of workshop</b>	<b>Date</b>	<b>Participants</b>
Delegación a Juegos Olímpicos París 2024 (Bolivia)	Virtual	11 de junio	25
Atletas de Singapur	Virtual	3 de septiembre	70
Delegación para Ayacucho 2024 (Bolivia)	Virtual	24 de octubre	100

**Educational Workshops during 2024 by each NADO's**

<b>CHARLAS EDUCATIVAS - PANAMÁ</b>				
<b>Dirigido a</b>	<b>Presencial</b>	<b>Virtual</b>	<b>Fecha</b>	<b>Cantidad de participantes</b>
AFFP	X		4 DE ENERO	40
AFFP	X		5 DE ENERO	50
Equipo Warriors Chino Panameño	x		15 DE ENERO	20
Sporting FC	X		15 DE ENERO	28
San Francisco FC	X	X	16 DE ENERO	28
Club Deportivo Universitario		X	17 DE ENERO	28
Potros del Este FC	X		19 DE ENERO	28
UMECIT FC		X	24 DE ENERO	28
Preselección U15 Beisbol	X		25 DE ENERO	30
Tauro FC	X		30 DE ENERO	28
<b>FEBRERO</b>				
Plaza Amador FC		X	5 DE FEBRERO	28
Arabe Unido	X		20 DE FEBRERO	28
Herrera FC		X	20 DE FEBRERO	28
Boxeo juniors	X		22 DE FEBRERO	15

Jiu Jitsu	X		24 DE FEBRERO	40
<b>MARZO</b>				
CAI	X		6 DE MARZO	28
Alianza FC	X		7 DE MARZO	28
Panama Metro Selección Mayor	X		7 DE MARZO	30
Veraguas FC		X	12 DE MARZO	28
FEPAFUT Sub 20	X		12 DE MARZO	30
Softball selección mayor	x		21 DE MARZO	20
CARIBE KIDS GRUPO NICARAGUA Y PANAMA	X		25 DE MARZO	36
CARIBE KIDS GRUPO 3 Y 4	X		26 DE MARZO	36
CARIBE KIDS GRUPO 5 Y 6	X		27 DE MARZO	36
<b>ABRIL</b>				
ROJO KIDS	X		6 DE ABRIL	25
COLEGIO CRISTIANO PALPER	X		9 DE ABRIL	22
IGA GIMNASIA	X		18 DE ABRIL	15
FLAG FOOTBALL		X	23 DE ABRIL	110
<b>MAYO</b>				
Juegos Juveniles multideportivo	x		20 de mayo	300
<b>JUNIO</b>				
Festival Nacional de Judo	x		22 de junio	50
Atletismo		x	25 de junio	50
Atletismo segunda sesion		x	27 de junio	50
<b>JULIO</b>				
UIP Universidad Interamericana	x		10 de julio	30
UI8 selección beisbol	x		10 de julio	20
Delegación Juegos Olímpicos París 2024		x	11 de julio	15
Equipo de beisbol infantil	x		19 de julio	15
Sporting FC	x		29 de julio	28
Club Deportivo Universitario		x	30 de julio	28
Plaza Amador FC		x	30 de julio	28

<b>AGOSTO</b>				
San Francisco FC		x	1 de agosto	28
USA, CANADA, BRASIL Y PUERTO R.	X		5 de agosto	90
Nicaragua y Cuba beisbol	x		6 de agosto	50
Guatemala, México y República Dominicana	x		7 de agosto	70
UMECIT FC		X	7 de agosto	28
Venezuela , Costa Rica y El Salvador	x		8 de agosto	70
Alianza FC	x		13 de agosto	28
Arabe Unido	x		14 de agosto	28
Potros del Este FC	x		14 de agosto	28
Veraguas FC		x	14 de agosto	28
Tauro fc		x	15 de agosto	28
Herrera FC		x	16 de agosto	28
Comisión de boxeo - Entrenadores	x		17 de agosto	115
Delegación Juegos Paralímpicos París 2024		x	19 de agosto	10
<b>SEPTIEMBRE</b>				
ORAD-PAN - SINGAGUR		x	3 de septiembre	70
CAI	X		10 de septiembre	28
TAEWKONDO	X		14 de septiembre	20
<b>OCTUBRE</b>				
CHARLA DELEGACIÓN AYACUCHO		X	14,21 y 24 de octubre	100
CHARLA MEXICO Y COLOMBIA UI2	X		19 de octubre	40
CHARLA SEGUNDA SESION AYACUCHO		X	28 de octubre	20
<b>NOVIEMBRE</b>				
Campeonato Panamericano Gimnasia	x		13 de noviembre	100
Congreso Multidisciplinario Nutricion	x		21 al 21 de noviembre	300



<b>CHARLAS EDUCATIVAS - PARAGUAY</b>		
<b>Fecha</b>	<b>Grupo destinatario</b>	<b>Nº de participantes</b>
09/02/24	Rugby - selec. Cacional	57
12/04/24	Futbol - formativa 10 a 12 años	25
18/04/2024	Alumnos de universidad	50
08/05/24	Atletas para Paris, ARC	80
11/05/24	Ciclismo	8
06/06/24	Alumnos de curso de derecho dvo	10
29/06/2024	Alumnos de Ciencias del Deporte	8
28/06/2024	Personal de apoyo - Bolivia	
18/07/2024	Jugad. de fútbol club Guarambaré	25
23/07/2024	Jugad. de fútbol club Itá	25
10/08/24	Seleccion Pya REMO	11
17/08/2024	Deportistas internacionales FPF	18
23/08/2024	Selecc. RUGBY FEM	15
24/08/2024	Selecc. BASQUET FEM	13
29/08/2024	Selec. Fútbol Santa Rita	30
30/08/2024	Personal de apoyo, dirigentes	65
09/09/24	ALUMNOS UNIVERSIDAD NIHON	80
19/09/2024	ALUMNOS ENEF	70
25/09/2024	ALUMNOS ENEF	40
17/10/2024	NATAACION	12
01/11/24	Personal de apoyo, estudiantes EF	70
04/11/24	Personal de apoyo, estudiantes EF	68
05/11/24	Personal de apoyo, deportistas	40
06/11/24	Personal de apoyo	30
19/11/2024	Personal de apoyo, dirigentes	38
20/11/2024	Personal de apoyo, dirigentes	300
17/04/2024	espectadores del partido	500
26-04-2024	Ciclismo - atletas nac e intern.	8
27-04-2024	Atletismo atletas nac - intern.	30
05/06/24	Seleccion Nac. Halterofilia	15
20/06/2024	Selecc. Nac. De volley de playa	4
13/08/2024	BMX	10
22/07/2024	Escuelitas deportivas	20
01/10/24	Alumnos de colegios	60
25/10/2024	INTERCOLEGIAL SANTA ANA	120

<b>CHARLAS EDUCATIVAS GUATEMALA</b>				
<b>Grupo Objetivo</b>	<b>Cantidad Actividades</b>	<b>F</b>	<b>M</b>	<b>Total</b>
Atletas y Entrenadores	13	437	1233	1670
Personal de Apoyo al Deportista -PAD-	9	166	291	457
Oficiales de Control de Dopaje	1	12	13	25
Profesionales en Gestión de Resultados	1	3	10	13

**Honduras:**

La ONAD de Honduras realizó 2 charlas presenciales para la preparación previa de la delegación que participaría en los Juegos Olímpicos de París 2024.

**Belice:**

El 30 de noviembre de 2024 se realizó una capacitación a los atletas de alto rendimiento para los deportistas en el Comité Olímpico de Belice.





<b>CHARLAS EDUCATIVAS - NICARAGUA</b>	
<b>Deporte</b>	<b>Fecha</b>
TKW	02 de febrero
Surf	23 de febrero
Volleyball sala y playa	
Karate	06 de marzo
Gimnasia y Parkour	12 de marzo
Futbol Flag	16 de marzo
Futbol sala y campo	19 de marzo
Halterofilia y Lucha	14 de marzo
Baloncesto	22 de mayo
Surf	24 de mayo
Boxeo	13 de junio
Futbol Flag	06 de julio
Entrenadores Alcaldía de Managua	11 de septiembre
Balonmano Junior y Juvenil	19 de octubre

<b>CHARLAS EDUCATIVAS – EL SALVADOR</b>				
<b>FECHA</b>	<b>FEDERACIÓN</b>	<b>DIRIGIDA A</b>	<b>ASISTENTES</b>	<b>MODALIDAD</b>
26 de abril	Todas las federaciones nacionales	Deportistas y personal de apoyo al deportista	38	Virtual
04 de mayo	Federación Salvadoreña de Fisicoculturismo	Deportistas y personal de apoyo al deportista	25	Presencial
8 de junio	Federación Salvadoreña de Kickboxing y Artes Marciales Mixtas	Deportistas y personal de apoyo al deportista	24	Presencial
27 de junio	Federación Salvadoreña de Beisbol	Deportistas	12	Presencial



04 de julio	Delegación participante en los Juegos Olímpicos de Paris 2024	Deportistas de nivel internacional y personal de apoyo al deportista	27	Virtual
15 de agosto	Delegación participante en los Juegos Paralímpicos de Paris 2024	Deportistas de nivel internacional y personal de apoyo al deportista	8	Virtual

<b>CHARLAS EDUCATIVAS BOLIVIA</b>	
<b>FECHA</b>	<b>DIRIGIDA A</b>
27 de marzo	Delegación para Juegos Bolivarianos de la Juventud en Sucre
3 de junio	Delegación para los Juegos Olímpicos París 2024
25 de junio	Primera sesión - Federación Atlética Boliviana
27 de junio	Segunda sesión - Federación Atlética Boliviana
15, 31 de octubre y 5 de noviembre	Delegación para Juegos Ayacucho 2024
Segundo trimestre	Activación en Nacional de Atletismo

<b>CHARLAS EDUCATIVAS - PERÚ</b>		
<b>Fecha</b>	<b>Público</b>	<b>Deporte</b>
01/03/24	APNEA	Apnea
01/05/24	Atlético Sullana	Fútbol
01/10/24	Boys	Fútbol
01/24/24	ONAD	ONAD
01/28/24	Powerlifting	Powerlifting
02/04/24	Powerlifting	Powerlifting
02/06/24	Cienciano	Fútbol
02/06/24	Cristal	Fútbol
02/07/24	Cienciano	Fútbol
02/07/24	Grau	Fútbol
02/08/24	Grau	Fútbol
02/16/24	Melgar	Fútbol
02/27/24	Cusco FC	Fútbol
02/29/24	Judo	Judo
02/29/24	GRC	GRC
03/01/24	GRC	GRC
03/04/24	GRC	GRC

03/08/24	Softball	Softball
03/13/24	ONAD	ONAD
03/14/24	Universitario	Fútbol
03/14/24	GRC	GRC
03/20/24	Mannucci	Fútbol
04/03/24	Sport Huancayo	Fútbol
04/05/24	ADT	Fútbol
04/10/24	ONAD	ONAD
04/11/24	GRC	GRC
04/12/24	GRC	GRC
04/13/24	Rugby	Rugby
04/17/24	GRC	GRC
04/17/24	USIL	Universidad
04/18/24	GRC	GRC
04/18/24	DQ Sports	Privado
04/22/24	Coopsol	Fútbol
04/23/24	GRC	GRC
04/24/24	USMP	Fútbol
04/24/24	GRC	GRC
04/25/24	Carlos Stein	Fútbol
04/25/24	ONAD	ONAD
04/26/24	Ulima	Universidad
04/27/24	ONAD	ONAD
04/28/24	ONAD	ONAD
04/29/24	Comerciantes FC	Fútbol
04/29/24	Unión Comercio	Fútbol
04/30/24	Los Chankas	Fútbol
05/02/24	UTC	Fútbol
05/03/24	GRC	GRC
05/08/24	Pirata FC	Fútbol
05/10/24	Llacuabamba	Fútbol
05/13/24	ONAD	ONAD
05/14/24	ONAD	ONAD
05/14/24	Juan Pablo II	Fútbol
05/15/24	ONAD	ONAD
05/16/24	ONAD	ONAD
05/17/24	ONAD	ONAD



05/17/24	Voluntarios	Voluntariado
05/17/24	Ayacucho FC	Fútbol
05/20/24	ONAD	ONAD
05/20/24	Voluntarios	Voluntariado
05/21/24	ONAD	ONAD
05/27/24	ONAD	ONAD
06/07/24	GRC	GRC
06/17/24	Ayacucho FC Fem	Fútbol
06/17/24	Melgar Fem	Fútbol
06/19/24	Paris 2024	Paris 2024
07/19/24	Killas Fem	Fútbol
07/20/24	ONAD	ONAD
07/20/24	CDM Fem	Fútbol
06/21/24	Biavo Fem	Fútbol
06/23/24	Paris 2024	Paris 2024
06/25/24	Cristal Fem	Fútbol
06/25/24	Mannucci Fem	Fútbol
06/25/24	Alianza Fem	Fútbol
06/26/24	Paris 2024	Paris 2024
06/26/24	Universitario Fem	Fútbol
06/26/24	UPC	Universidad
06/27/24	UCV Fem	Fútbol
06/28/24	Defensores de Ilucan Fem	Fútbol
07/05/24	UNSAAC Fem	Fútbol
07/06/24	Rugby	Rugby
07/18/24	Cantolao Fem	Fútbol
07/23/24	ONAD	ONAD
07/30/24	Voley	Voley
08/01/24	ANPP París 2024	Paris 2024
08/02/24	ANPP París 2024	Paris 2024
08/07/24	Garcilaso	Fútbol
08/09/24	Voley	Voley
08/19/24	CAR Cusco	Multisport
08/22/24	Voluntarios	Voluntariado
09/17/24	Lucha	Lucha
10/03/24	Gimnasia	Gimnasia
10/23/24	ONAD	ONAD



10/24/24	ONAD	ONAD
10/25/24	ONAD	ONAD
10/29/24	UCV	Fútbol
10/30/24	Canotaje	Canotaje
11/04/24	Ayacucho 2024	Ayacucho 2024
11/06/24	Ayacucho 2024	Ayacucho 2024
11/18/24	Ayacucho 2024	Ayacucho 2024
11/29/24		Ayacucho 2024
11/30/24		Ayacucho 2024
12/01/24		Ayacucho 2024
12/02/24		Ayacucho 2024
12/03/24		Ayacucho 2024
12/04/24		Ayacucho 2024
12/05/24		Ayacucho 2024
12/06/24		Ayacucho 2024
12/07/24		Ayacucho 2024
12/08/24		Ayacucho 2024

<b>CHARLAS EDUCATIVAS COSTA RICA</b>		
<b>FECHA</b>	<b>GRUPO DESTINATARIO</b>	<b>CANTIDAD DE PARTICIPANTES</b>
08 febrero	Capacitación dirigida a Deportistas de la Federación de Judo	35
11 de febrero	Capacitación dirigida a Entrenadores de la Federación Judo	35
18 de febrero 2024	Entrenadores y personal de apoyo de la disciplina de Judo	40
02 febrero	Personal técnico y administrativo del Comité Cantonal de Deportes de Belén	45
06 febrero 2024	Personal Deportistas y personal de apoyo	50

Marzo 2024	Deportistas beneficiarios de Becas deportivas y personal de apoyo al Deportiva (PAD)	25
06 de abril	Deportistas de futbol y personal de apoyo al deportista (PAD)	100
10 de abril	Deportistas y personal de apoyo al Deportistas (PAD) de Comité Cantonal de Deportes Escazú	300
13 abril del	Deportistas de Futbol y personal de Apoyo al Deportista (PAD)	60

## Segunda fase de charlas realizadas por parte de Costa Rica:

FECHA	GRUPO DESTINATARIO	CANTIDAD DE PARTICIPANTES
17 de mayo	Capacitación personal Médico del Instituto Alcoholismo y Farmacodependencia (IAFA)	10
18 de junio 2024	Deportistas y personal de apoyo participantes en Juegos Deportivos Para nacionales 2024 Guanacaste 2024	70
20 de junio 2024	Deportistas y personal de apoyo participantes en Juegos Deportivos Para Nacionales 2024 Guanacaste 2024	30
Junio-Julio 2024	Deportistas y personal de Apoyo al Deportista en la edición de los Juegos Deportivos Nacionales 2024 Guanacaste  Personal de apoyo: Entrenadores, chaperones, delegados, árbitros, cuerpo técnico, fisioterapeutas, personal médico, padres de familia	198
Agosto 2024	Deportistas Y personal de apoyo al Deportista participantes en Juegos Olímpicos Paris 2024	15



FECHA	GRUPO DESTINATARIO	CANTIDAD DE PARTICIPANTES
2 octubre 2024	Sensibilización e inducción antidopaje a estudiantes de Ciencias del Movimiento Humano	20
05 octubre del 2024	Médicos y profesionales en farmacia vinculados a entidades deportivas y recreativas. Actividad realizada en Laboratorio GUTIS en Pavas	40
18 octubre 2024	Personal Médico y profesionales de Educación Física de la Caja Costarricense de Seguro Social (CCSS)	15
26 octubre 2024	Deportistas, entrenadores, personal de apoyo al Deportista (PAD) de la Asociación de Deportes Acuáticos de Naranjo	52
29 noviembre 2024	Profesionales en Derecho del ICODER, Tribunal de Primera y Segunda Instancia, y profesionales en Derecho de Federaciones y Asociaciones.	30

FECHA	GRUPO DESTINATARIO	CANTIDAD DE PARTICIPANTES	T E M A
30 noviembre	Capacitación dirigida a personal Médico del Comité de Autorización de Uso Terapéutico y personal médico de	20	<p><b>Seminario-Taller Médico Legal Antidopaje.</b></p> <p><i>Temas:</i></p> <p><i>Lista de Sustancia Prohibidas 2025 y sus modificaciones.</i></p>

	Federaciones y entidades deportivas	“Generalidades de la Autorización de Uso Terapéutico” “Funciones del Comité de Autorización de Uso Terapéutico”  Guías Médicas para las Autorizaciones de Uso Terapéutico  Listas de Verificación y otros recursos”Análisis de casos Clínicos”
--	-------------------------------------	---

## CHARLAS EDUCATIVAS - PUERTO RICO

<b>ENERO</b>
20/enero Charla atletas nivel nacional Béisbol AA Guardianes de Dorado 24 participantes (Maritere)
<b>FEBRERO</b>
2/feb Charla Béisbol AA Equipo Camuy
15/feb Seminario Antidopaje LAI
17/feb Charla Selección Nacional MTB @ Albergue Olímpico
20/feb UPR Ponce
20/feb UPR Mayaguez (68 participantes)
26/feb Charla atletas universitarios PUCPR Ponce (163 participantes)
<b>MARZO</b>
5/marzo Charla Béisbol AA Tigres Hatillo (33 participantes)
20/marzo Charla Dopaje Congresillo BSN (23 participantes)
23/marzo Simposio Annual OTAPUR (32 participantes)
<b>ABRIL</b>
6/abril Charla a padres Federación Levantamiento de Pesas (Maritere) 46 participantes
6/abril Charla Orientación Entrenadores Federación Levantamiento de Pesas (David/Abner) 21 participantes
<b>MAYO</b>
7/mayo Campaña Sensibilización (Transmitido en TV Nacional Canal 4) Lic. Andrés Santos
22/mayo Actividad virtual FAPUR (15 participantes) atletas y entrenadores (Abner, Maritere y Tere)
<b>JUNIO</b>
13/junio Charla a Entrenadores Universidad Ana G. Méndez (43 entrenadores) Maritere
30/junio Charla Powerlifting en Toa Baja (31 participantes) Maritere
<b>JULIO</b>
6/julio Charla Valores y Educación Antidopaje Academia Olímpica de PR (David) 11 participantes
19/julio Charla FAPUR (Tere) 27 participantes

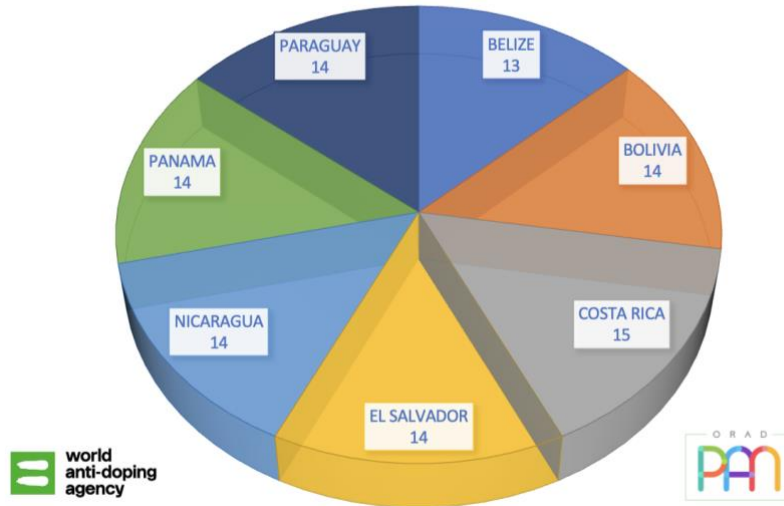


<b>AGOSTO</b>
9/ago Charla Atletas universitarios Universidad Interamericana de PR 289 atletas
10/ago Charla Yauco TKD (niños, jóvenes atletas, entrenadores y padres) 26
22/ago Atletas de Nuevo Ingreso Universidad Ana G. Méndez (atletas nacionales) 85 participantes
27/ago Seminario virtual LAI Dopaje (atletas nacionales, entrenadores y administradores) 100 participa
28/ago Charla Virtual DRD 220 (padres y población no identificada)
<b>SEPTIEMBRE</b>
6 y 7/sept Mesa Informativa Convención DRD (Campaña Sensibilización) Impacto de 40 personas.
7/sept Charla Convención DRD Entrenadores y administrativos 24
11/sept Orientación 51 atletas atletismo de Universidad Ana G. Méndez
14/sept Charla Atletas Nivel Talento (niñas y jóvenes) Federación de Boxeo (41 participantes)
14/sept Charla selección nacional Federación Baloncesto Silla Ruedas 15 (atletas, administrativos y entrenadores)
25/sept Zoom DRD: Tema AUT Recurso David Bahamundi. Impacto de 100 asistentes.
<b>OCTUBRE</b>
1/oct Charla 170 jóvenes atletas Carlos Beltrán Baseball Academy (D. Bahamundi)
25/oct Campaña Sensibilización Convención AEFR Impacto de 120 educadores
<b>NOVIEMBRE</b>
13-15 nov Campaña de Sensibilización y Mesa Informativa en Campeonato de Halterofilia LAI



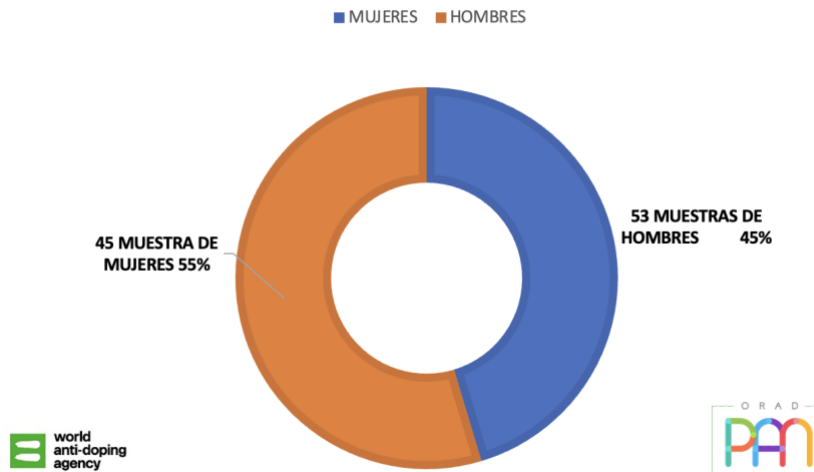
## TESTING DEPARTMENT

### ORAD-PAN CONTROLES BECA DE WADA REALIZADOS POR LOS PAISES 2024



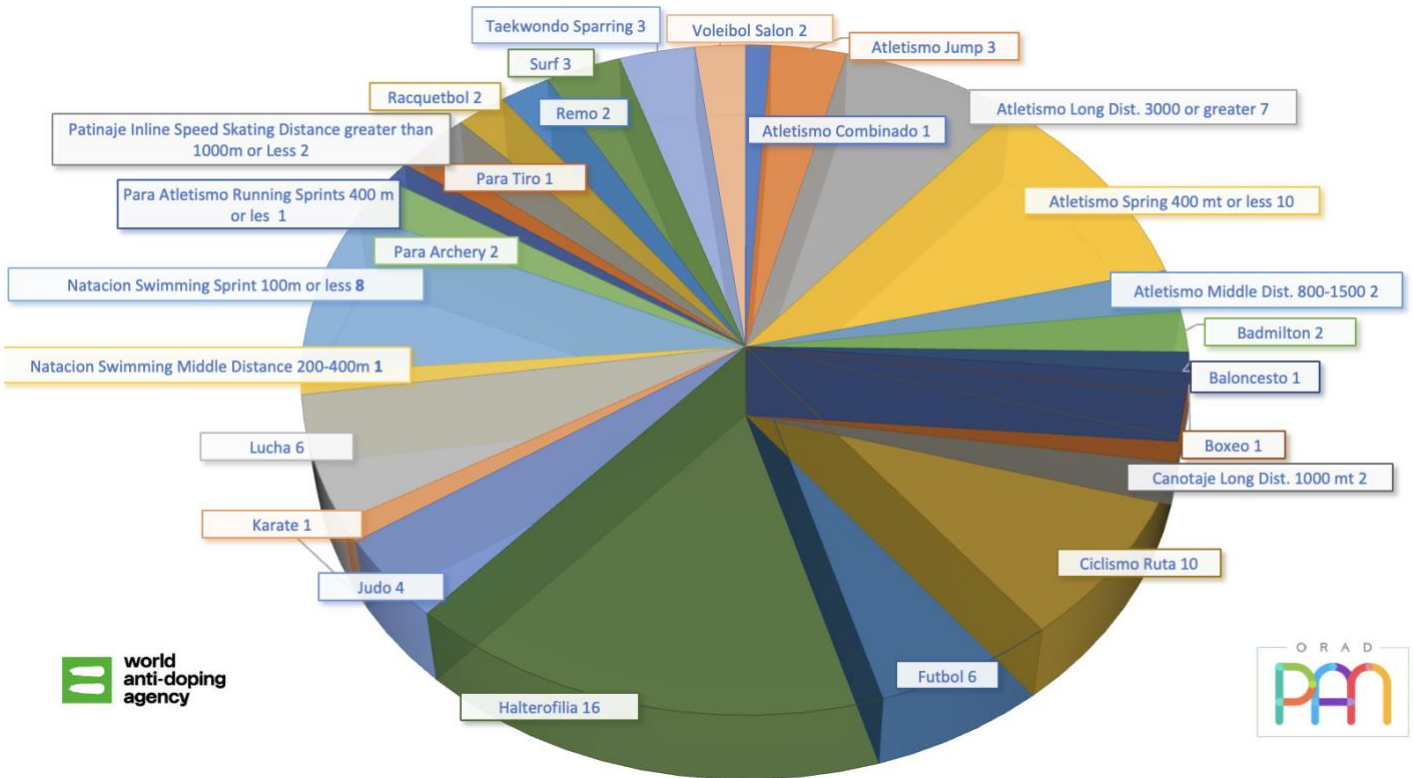
Graph 1: Shows the number of controls and percentages carried out by each country according to its share of the WADA 2024 testing grant. Costa Rica carried out a total of 15 controls. The countries that carried out a total of 14 controls were: Paraguay, Panama, Nicaragua, El Salvador and Bolivia. The country that carried out 13 controls was: Belize

### CONTROLES POR SEXO ORADPAN 2024



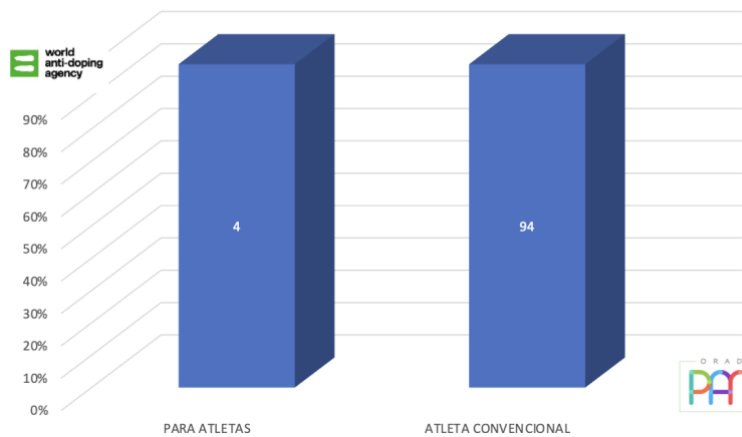
Graph 2: Controls carried out by sex according to the 2024 testing grant. A total of 55% of samples carried out on women (45) and 45% carried out on men (53).

## CONTROLES POR DEPORTE ORAD-PAN 2024 BECA DE WADA



Graph 3: Controls carried out by sport. Highlighting long distance athletics with a total of 7 controls, Swimming with 8 controls, Road Cycling with 10 controls and Bodybuilding with 16 controls as the sports in which the greatest number of samples were carried out.

## TIPO DE MUESTRAS PARA ATLETAS ORADPAN 2024



Graph 4: Shows the controls carried out on the types of athletes. In the case of para-athletes, a total of 4 controls were carried out and for conventional athletes the total of controls carried out is 94.

## RESULTS MANAGEMENT

SPORT	Substance/Anti-doping rule violation	Time	Starting Date	Finishing Date	Country
Fútbol-Fútbol	<b>Cocaína y su metabolito BZE</b> S6. Estimulantes	3 meses	11 de septiembre de 2024	11 de diciembre de 2024	Bolivia
Fútbol-Fútbol	<b>Cocaína y su metabolito BZE</b> S6. Estimulantes	3 meses	11 de noviembre de 2024	11 de febrero de 2024	Bolivia
Ciclismo	<b>19-norandrosterona y su metabolito 19-noreticolanona) y Furosemida.</b> S1.1 Esteroides androgénicos anabólicos (EAA) S5 Diuréticos y Agentes Enmascarantes	3 años	1 de octubre del 2024	1 de octubre del 2027	Nicaragua

The ORAD-PAN carried out 3 Results Management processes for Adverse Analytical Results in two different sports: Cycling and Soccer. All processes were carried out in accordance with the International Results Management Standard.

## THERAPEUTIC USE EXEMPTION (TUE)

The management of requests for Authorizations for Therapeutic Use by Exemption (TUE) is carried out in athletes who, for health reasons, require the use of any substance(s) contemplated within the international standard “List of Prohibited Substances” issued by the World Anti-Doping Agency. (WADA-AMA). All requests received were attended to in compliance with the guidelines established by the World Anti-Doping Agency and the International Standard for Authorization of Therapeutic Use by Exemption.



<b>Sport</b>	<b>Gender</b>	<b>Substance</b>	<b>Date</b>	<b>Retroactive Application</b>	<b>Country</b>
Fútbol	M	Dexametasona	18-feb-2024	Si	Bolivia
Fútbol	M	Betametasona	1-marzo-2024	Si	Bolivia
Gimnasia	F	Somatropina	8-mayo-2024	Si	Bolivia
Atletismo	F	Salbutamol, salmeterol	25-mayo-2024	Si	Bolivia
Fútbol	M	Betametasona	09-agosto-2024	Si	Bolivia

Advice was given to all member countries on the management of TUE. Likewise, guidance was provided to all athletes and members of the multidisciplinary group who needed to know the regulations of the Authorizations for Therapeutic Use by Exception, internationally and in preparation for large events.

## **RELATIONSHIP AND STRENGTHENING OF NADO´s**

With the objective of supporting the development and compliance of the NADOs Code, provoking and managing interaction, training and exchange of knowledge with national and international organizations, the following activities were carried out:

- Multiple publications have been made on doping and fair play issues on social networks and dissemination of information on the website.
- A Collaboration agreement was created with Venezuela to support the new management and new work team by developing training for both the operational and administrative staff of the Anti-Doping Commission.
- Members and potential members of the AUT panel from each country have received communications from the ORAD.
- Constant communication has been maintained with all countries in the region.
- The satisfaction (quality) questionnaire was applied to all member countries of the ORAD-PAN.



- A mechanism for monitoring complaints has been implemented, which is available for each of the NADOs through the complaints section on the respective websites.
- An Advisory Board was held in the month of November with the participation of 100% of the member countries and strategic partners (mostly in person).
- Participated in the Legal Seminar in Paraguay as part of the NADO Strengthening seminars.
- A collaboration agreement was created with El Salvador to carry out controls outside the testing grant.
- A development plan was prepared for the countries of Guatemala, Puerto Rico and El Salvador.

## GLOBAL EDUCATION CONFERENCE (CANNES, Francia)



In February, the Global Education Conference was held in Cannes, France. In this conference, the ORAD-PAN participated in two activities. One of them was to participate as part of the theme: Values based on Sports. Our educational tools were shared with everyone present: The Animated Series True Athlete Challenge and the graphic comic. A small dynamic was carried out so that the



participants knew the methodology that is applied with children to encourage the use of sports values.

We were also given the opportunity to have an educational stand at the “Show and Tell” to be able to exhibit all the tools we have in the region to educate our sports community.



## **LEGAL SEMINAR – ASUNCIÓN PARAGUAY**

The Legal Seminar of the World Anti-Doping Agency was held in Asunción Paraguay in June, welcoming the countries of the region to discuss fundamental issues for strengthening the NADOs.

In addition, topics aligned with what will be the new World Anti-Doping Code were discussed.





## PAN-RADO 2024 MEETING Santo Domingo, Dominican Republic



This meeting is held every year and has the participation of our member countries and strategic partners in the region. The main objective is the strengthening of NADOs and cooperation between organizations to promote Fair Play.

Various topics were discussed, such as the 2023 Annual Report of the ORAD-PAN, the Final Report of the XXIV Central American and Caribbean Games San Salvador 2023, the development plans that are being carried out with Guatemala, El Salvador and Puerto Rico, the Compliance Questionnaire for T3 and T4 countries that were developed in the last half of the year, among other topics. We have the participation of Francisco León, Director of the Regional Office of Latin America and the Caribbean of the AMA, as well as the participation of Marcos Díaz, on behalf of CADE.

### CONCLUSIONS

The year 2024 has been a year full of sporting activities in the respective member countries that has allowed us to continue growing as countries at the anti-doping level. The work teams in each of the NADOs have also been strengthened and have been able to become a little more independent in carrying out their efforts as organizations.

Our job as a Regional Organization is to always be attentive to the needs of our member countries and to be able to provide them with all the tools to work.

Regarding collaborations between countries, more countries are added to the equation every day, allowing our Regional Organization to grow and position itself as one of the strongest Regional Organizations worldwide.

The implementation of the testing grants was completed and in accordance with the International Standard of Controls and Investigation, as well as the education department of each National Organization was able to increase both its educational talks and its presence at Multisport events, which allows it to raise awareness not only to the athletes and their coaches, but also to their parents and support staff for the athletes.

As PAN-RADO we are also proud of the new alliances and agreements achieved in order to grow the Organization and receive the support of institutions and organizations that will surely contribute positively.

The year 2025 will be a year of new challenges and opportunities, with great multidisciplinary events. We are convinced that, just as the year 2024 was successful, the year 2025 will be equally successful in each of the projects managed.

## Photo Gallery

















